

SHAME GENOGRAM

Scale: 1 = Not at all / 10 = Extreme

ADDICTIVE DISORDERS

Mother ___ Father ___ Self ___

CONTROL

Mother ___ Father ___ Self ___

PERFECTIONISM

Mother ___ Father ___ Self ___

PROCRASTINATION

Mother ___ Father ___ Self ___

SHAME

RAGE

Mother ___ Father ___ Self ___

OTHER

Mother ___ Father ___ Self ___

VICTIMIZATION

Mother ___ Father ___ Self ___

SUICIDE

Mother ___ Father ___ Self ___

DEPRESSION

Mother ___ Father ___ Self ___